



## istudy Daily Habits - Term 1

|                  | <b>I</b><br><b>Identify the gaps</b>   | <b>S</b><br><b>Set measurable goals and targets</b>   | <b>T</b><br><b>Try new methods</b>   | <b>U</b><br><b>Undertake extended work</b>  | <b>D</b><br><b>Do review</b>   | <b>Y</b><br><b>Yes to test!</b>   |
|------------------|--|---|--|---|--|---|
| <b>Monday</b>    | Look at your last HW task score and identify three things you could do to get more marks.  | Set one measurable target to challenge yourself above and beyond what you have been set for HW                                      | Use a mnemonic or Loci method to help you remember something.                            | Ask another student or a teacher to give you a one minute speed teach of a question you find hard.                            | Re – write your notes from your lesson in less than half a side. Pick out only the key points.           | Team teach: Tell a friend what you know and get them to ask you questions on what they don't understand.  |
| <b>Tuesday</b>   | Review the EBI's from the last piece of work you got back and see if you can write yourself one more EBI to complete.                      | Make a weekly plan where you allocate an appropriate amount of time for each subject. Don't forget to put in things you do for fun! | Find an online resource that you have not used before.                                   | Find out a new fact on your subject and write it in the back of your book under 'new knowledge'.                              | Spend 30 minutes reading through what you have done in class.  | Practice writing stamina in test conditions. Aim for as many words as you can in 15 minutes on a topic of your choice.  |
| <b>Wednesday</b> | Check your class work against the persons sitting next to you, have you got enough detail / missed anything?                               | Identify one thing you can't do. Note it in your planner and aim to find three things that will help you tackle this                | Use either mind mapping or chunking to revise a lesson you have done this week.          | Read a newspaper or journal. Pull out one thing that could help you in one of your subjects.                                  | Re read your HW answers before you hand it in. Add three points in a different colour to make it better. | Practice planning an answer before you write it for a question that is worth 6 marks or more.   |
| <b>Thursday</b>  | Ask at least one question either on something you don't understand or something you want to know more about to a teacher or a study buddy. | Aim to get 2 consecutive Excellence Slips for outstanding pieces of work.   | Summarise one section from your lesson using pictures or symbols and not words.          | Visit the library and find three things that will help support your learning this week.                                       | Go back over a HW task and identify where you missed out information.                                    | Redo any test that is below your target and keep going until you get it to where you want it to be. Do this with notes if you are struggling then without notes |
| <b>Friday</b>    | Add in three pieces of missing knowledge or detail to your notes for HW.   | Aim to work in silence for at least 30 minutes.   | Make a song / rhyme or game with your friends to help you learn one new thing this week. | Use the internet to find out what someone else thinks about the topic you are studying. Why do they think that? Do you agree? | Flick revise every time you open your book.  | Revise smart. Identify the bits you got wrong and review these parts only.  |